

# 18. Güttersbacher Volkslauf - 10.08.2013

## Ergebnisliste AK Halbmarathon



| AKPI | Startnr. | Name | Jahrg. | m/w | Verein/*Ort | Zeit | min/km |
|------|----------|------|--------|-----|-------------|------|--------|
|------|----------|------|--------|-----|-------------|------|--------|

### Halbmarathon

#### w

#### Frauen

|   |     |                  |      |   |                   |           |        |
|---|-----|------------------|------|---|-------------------|-----------|--------|
| 1 | 373 | Paul, Laura      | 1993 | w | TSG 1862 Weinheim | 1:59:05,9 | 5:38,6 |
| 2 | 345 | Kuttich, Anja    | 1989 | w | Offenbacher LC    | 1:59:34,0 | 5:40,0 |
| 3 | 370 | Müller, Marie    | 1991 | w | Sportteam MAUL    | 1:59:43,9 | 5:40,4 |
| 4 | 390 | Bkyer, Maren     | 1984 | w | Lauftreff Asbach  | 2:24:55,4 | 6:52,1 |
| 5 | 391 | Klauzar, Vanessa | 1986 | w | Lauftreff Asbach  | 2:24:56,6 | 6:52,1 |

#### W30

|   |     |                  |      |   |                        |           |        |
|---|-----|------------------|------|---|------------------------|-----------|--------|
| 1 | 350 | Jägemann, Nora   | 1979 | w | ASC Darmstadt          | 1:36:34,0 | 4:34,5 |
| 2 | 357 | Bush, Julia      | 1983 | w | LG Pfinztal            | 1:37:08,1 | 4:36,2 |
| 3 | 361 | Böhrer, Natascha | 1982 | w | LuT Aschaffenburg      | 1:38:01,1 | 4:38,7 |
| 4 | 365 | Skalsky, Eva     | 1981 | w | LuT Aschaffenburg      | 1:48:46,8 | 5:09,3 |
| 5 | 394 | Halt, Daniela    | 1983 | w | *Erbach                | 1:53:21,3 | 5:22,3 |
| 6 | 375 | Nagl, Tanja      | 1980 | w | TSV Erlenbach          | 1:59:10,7 | 5:38,8 |
| 7 | 379 | Bauer, Andrea    | 1983 | w | *Leidersbach/Ebersbach | 2:02:18,0 | 5:47,7 |
| 8 | 366 | Boeger, Lisa     | 1981 | w | Naples Running Club    | 2:59:11,1 | 8:29,5 |

#### W35

|   |     |                    |      |   |                   |           |        |
|---|-----|--------------------|------|---|-------------------|-----------|--------|
| 1 | 363 | Finkelmann, Tanja  | 1974 | w | LuT Aschaffenburg | 1:58:49,2 | 5:37,8 |
| 2 | 378 | Baeta Neves, Maria | 1976 | w | *Kleinwallstadt   | 2:00:44,5 | 5:43,3 |

#### W40

|   |     |                 |      |   |                 |           |        |
|---|-----|-----------------|------|---|-----------------|-----------|--------|
| 1 | 353 | Hörst, Susanne  | 1971 | w | ELT Großheubach | 2:15:30,4 | 6:25,3 |
| 2 | 377 | Felser, Kerstin | 1973 | w | TV Rheinzabern  | 2:17:54,7 | 6:32,1 |

#### W45

|   |     |                 |      |   |                           |           |        |
|---|-----|-----------------|------|---|---------------------------|-----------|--------|
| 1 | 405 | Fischer, Bärbel | 1964 | w | RLT Rodgau                | 1:46:21,3 | 5:02,4 |
| 2 | 348 | Hesse, Katrin   | 1968 | w | LT Hemsbach               | 1:53:23,9 | 5:22,4 |
| 3 | 356 | Paul, Monika    | 1966 | w | LG Odenwald/SC Beerfelden | 1:58:47,8 | 5:37,8 |
| 4 | 355 | Heneka, Regine  | 1965 | w | Lauftreff Walldorf        | 1:59:16,7 | 5:39,1 |
| 5 | 374 | Saalmann, Petra | 1967 | w | TSV Cappel                | 2:01:33,3 | 5:45,6 |

#### W50

|   |     |                   |      |   |                    |           |        |
|---|-----|-------------------|------|---|--------------------|-----------|--------|
| 1 | 351 | Wagner, Constanze | 1963 | w | LaufReport.de      | 1:56:00,5 | 5:29,8 |
| 2 | 376 | Breunig, Marlene  | 1959 | w | TV 04 Wörth        | 1:58:32,1 | 5:37,0 |
| 3 | 367 | Niemeyer, Andrea  | 1959 | w | SC Güttersbach     | 1:58:46,3 | 5:37,7 |
| 4 | 369 | Kravietz, Eva     | 1959 | w | Spiridon Frankfurt | 1:59:55,2 | 5:41,0 |

#### W55

|   |     |                   |      |   |                |           |        |
|---|-----|-------------------|------|---|----------------|-----------|--------|
| 1 | 360 | Davidowicz, Petra | 1958 | w | LT Hemsbach    | 1:58:40,8 | 5:37,4 |
| 2 | 358 | Kistner, Regina   | 1957 | w | LG Rülzheim    | 1:58:54,0 | 5:38,1 |
| 3 | 396 | Schmiedel, Ilona  | 1954 | w | SC Güttersbach | 1:59:10,2 | 5:38,8 |
| 4 | 381 | Krawietz, Ute     | 1958 | w | SV Mörlenbach  | 1:59:55,8 | 5:41,0 |
| 5 | 368 | Wertz, Brigitte   | 1956 | w | SFP Steinbach  | 2:11:12,8 | 6:13,1 |
| 6 | 395 | Hermes, Marita    | 1955 | w | *Rodgau        | 2:15:32,0 | 6:25,4 |
| 7 | 371 | Berg, Marion      | 1955 | w | TS Kiedrich    | 2:16:51,0 | 6:29,1 |

#### W60

|   |     |                  |      |   |                  |           |        |
|---|-----|------------------|------|---|------------------|-----------|--------|
| 1 | 409 | Weimer, Ruth     | 1952 | w | TSG Wiesloch     | 2:11:40,0 | 6:14,4 |
| 2 | 372 | Engelmann, Irene | 1952 | w | TS Kiedrich      | 2:16:51,7 | 6:29,1 |
| 3 | 388 | Bleyer, Helga    | 1952 | w | Lauftreff Asbach | 2:21:48,6 | 6:43,2 |
| 4 | 359 | Rupp, Susanne    | 1953 | w | LG Schefflenztal | 2:22:18,1 | 6:44,6 |

#### W65

|   |     |                     |      |   |                     |           |        |
|---|-----|---------------------|------|---|---------------------|-----------|--------|
| 1 | 364 | Strohmaier, Susanne | 1947 | w | Laufgruppe Walldorf | 2:21:44,6 | 6:43,0 |
|---|-----|---------------------|------|---|---------------------|-----------|--------|

#### m

#### Männer

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| AKPI | Startnr. | Name             | Jahrg. | m/w | Verein/*Ort         | Zeit      | min/km |
|------|----------|------------------|--------|-----|---------------------|-----------|--------|
| 1    | 398      | Kuttich, Björn   | 1986   | m   | TUS Griesheim       | 1:21:45,1 | 3:52,4 |
| 2    | 307      | Elißer, Lars     | 1990   | m   | SV 98/07 Seckenheim | 1:31:23,0 | 4:19,8 |
| 3    | 312      | Schulz, Jan      | 1990   | m   | SVS Schöllkrippen   | 1:37:09,0 | 4:36,2 |
| 4    | 385      | Krumpholz, Juric | 1998   | m   | TSV 05 Rot          | 1:49:50,8 | 5:12,3 |
| 5    | 344      | Helfrich, Niklas | 1995   | m   | OLV Steinberg       | 2:04:08,6 | 5:53,0 |
| 6    | 407      | Brunner, Michael | 1984   | m   | Lauftreff Asbach    | 2:21:31,9 | 6:42,4 |

### M30

|   |     |                        |      |   |                     |           |        |
|---|-----|------------------------|------|---|---------------------|-----------|--------|
| 1 | 281 | Braunschläger, Manfred | 1980 | m | LuT Aschaffenburg   | 1:32:51,3 | 4:24,0 |
| 2 | 341 | Geisler, Mathias       | 1982 | m | *Erbach             | 1:36:51,7 | 4:35,4 |
| 3 | 287 | Herold, Dominik        | 1982 | m | LuT Aschaffenburg   | 1:42:53,3 | 4:52,5 |
| 4 | 276 | Creutzmann, Jürgen     | 1979 | m | LG Pfinztal         | 1:43:45,3 | 4:55,0 |
| 5 | 393 | Helferich, Michael     | 1980 | m | *Rimbach            | 1:45:36,8 | 5:00,3 |
| 6 | 293 | Boeger, Nathan         | 1982 | m | Naples Running Club | 2:59:11,5 | 8:29,5 |

### M35

|    |     |                   |      |   |                          |           |        |
|----|-----|-------------------|------|---|--------------------------|-----------|--------|
| 1  | 332 | Stulz, Roland     | 1976 | m | *Morschheim              | 1:26:37,6 | 4:06,3 |
| 2  | 303 | Krämer, Marc      | 1975 | m | SC Beerfelden            | 1:32:10,4 | 4:22,1 |
| 3  | 257 | Planer, Sebastian | 1975 | m | frei-laufen              | 1:32:21,6 | 4:22,6 |
| 4  | 349 | Gäbler, Peter     | 1975 | m | Montagskicker Hockenheim | 1:34:34,1 | 4:28,9 |
| 5  | 302 | Bastian, Hans     | 1977 | m | SC Alemania Dreikirchen  | 1:37:51,2 | 4:38,2 |
| 6  | 292 | Kuhnt, Markus     | 1976 | m | Mörtenbach               | 1:38:02,0 | 4:38,7 |
| 7  | 319 | Schaffner, Holger | 1976 | m | TSV Goddelau             | 1:38:46,6 | 4:40,8 |
| 8  | 380 | Hirsch, Andreas   | 1977 | m | *Mannheim                | 1:43:01,4 | 4:52,9 |
| 9  | 400 | Kempe, Sven       | 1978 | m | RLT Rodgau               | 1:50:27,1 | 5:14,0 |
| 10 | 256 | Erbach, Alexander | 1978 | m | frei-laufen              | 1:57:25,6 | 5:33,9 |
| 11 | 294 | Kidder, Richard   | 1974 | m | Naples Running Club      | 2:02:29,0 | 5:48,2 |

### M40

|    |     |                      |      |   |                         |           |        |
|----|-----|----------------------|------|---|-------------------------|-----------|--------|
| 1  | 290 | Schneider, Marco     | 1970 | m | LuT Aschaffenburg       | 1:22:41,0 | 3:55,1 |
| 2  | 284 | Finkelmann, Holger   | 1970 | m | LuT Aschaffenburg       | 1:24:32,0 | 4:00,3 |
| 3  | 280 | Beinenz, Mario       | 1971 | m | LuT Aschaffenburg       | 1:30:06,1 | 4:16,2 |
| 4  | 406 | Fischer, Thomas      | 1969 | m | RLT Rodgau              | 1:30:57,5 | 4:18,6 |
| 5  | 297 | Müller, Markus       | 1969 | m | RLT Rodgau              | 1:33:01,6 | 4:24,5 |
| 6  | 310 | Kirchgeßner, Andreas | 1970 | m | SV Wagenschwend         | 1:37:55,7 | 4:38,4 |
| 7  | 323 | Kiesewetter, Heiko   | 1972 | m | TV Falkenbach 1907 e.V. | 1:41:25,5 | 4:48,4 |
| 8  | 255 | Schneider, Christian | 1973 | m | FC Wenigumstadt         | 1:42:03,7 | 4:50,2 |
| 9  | 282 | Büttner, Ralf        | 1969 | m | LuT Aschaffenburg       | 1:48:09,3 | 5:07,5 |
| 10 | 320 | Reuling, Hans-Peter  | 1970 | m | TSV Neuenstadt          | 1:48:24,5 | 5:08,2 |
| 11 | 269 | Wenninger, Markus    | 1970 | m | Laufwerk Mosbach        | 1:50:40,0 | 5:14,6 |
| 12 | 347 | Sprysch, Stefan      | 1969 | m | KSG Brandau             | 1:51:41,7 | 5:17,6 |
| 13 | 330 | Egger, Andreas       | 1971 | m | *Fürth                  | 2:03:57,0 | 5:52,4 |
| 14 | 308 | Schmidt, Stefan      | 1969 | m | SV Falken-Gesäß         | 2:06:00,7 | 5:58,3 |
| 15 | 403 | Eisner, Gerhard      | 1970 | m | Lauftreff Asbach        | 2:15:32,7 | 6:25,4 |

### M45

|    |     |                     |      |   |                                       |           |        |
|----|-----|---------------------|------|---|---------------------------------------|-----------|--------|
| 1  | 397 | Dussa, Gunnar       | 1966 | m | TSV Uelversheim                       | 1:27:47,0 | 4:09,6 |
| 2  | 289 | Schäfer, Jürgen     | 1967 | m | LuT Aschaffenburg                     | 1:30:05,7 | 4:16,1 |
| 3  | 401 | Zöller, Elmar       | 1964 | m | ELT Großheubach                       | 1:32:31,8 | 4:23,1 |
| 4  | 291 | Kißling, Volker     | 1968 | m | Michelstadt                           | 1:36:13,9 | 4:33,6 |
| 5  | 262 | Harms, Ralf         | 1966 | m | Laufteam Sparkasse Heidelberg         | 1:36:54,7 | 4:35,5 |
| 6  | 311 | Poremski, Steffen   | 1965 | m | SVF Ludwigshafen                      | 1:41:03,7 | 4:47,3 |
| 7  | 325 | Lokay, Ralf         | 1967 | m | TV Groß-Umstadt                       | 1:45:17,1 | 4:59,3 |
| 8  | 387 | Wolanin, Richard    | 1965 | m | RLT Rodgau                            | 1:50:03,7 | 5:12,9 |
| 9  | 295 | Digmayer, Mario     | 1964 | m | Rechtsanwaltskanzlei Digmayer         | 1:50:04,5 | 5:13,0 |
| 10 | 264 | Stoll, Gerd         | 1965 | m | Lauftreff Asbach                      | 1:50:53,8 | 5:15,3 |
| 11 | 270 | Detmer, Michael     | 1966 | m | LC DJK Mannheim                       | 1:51:57,6 | 5:18,3 |
| 12 | 399 | Helmling, Manfred   | 1965 | m | EDS-Niblungenland e.V.                | 1:52:32,4 | 5:20,0 |
| 13 | 328 | Hefter, Bernhard    | 1964 | m | Wörth                                 | 1:54:08,7 | 5:24,5 |
| 14 | 318 | Klink, Ralf         | 1965 | m | TSV Goddelau                          | 1:56:01,3 | 5:29,9 |
| 15 | 402 | Hanixce, Johannes   | 1965 | m | Lauftreff Asbach                      | 2:00:19,8 | 5:42,1 |
| 16 | 268 | Rogin, Peter        | 1968 | m | Lauftreff Rennschnecke Dudweiler e.V. | 2:13:21,1 | 6:19,2 |
| 17 | 316 | Eisenhart, Wolfgang | 1964 | m | TSC Rödermark                         | 2:17:36,9 | 6:31,3 |

### M50

# 18. Güttersbacher Volkslauf - 10.08.2013

## Ergebnisliste AK Halbmarathon



| AKPI | Startnr. | Name               | Jahrg. | m/w | Verein/*Ort                           | Zeit      | min/km |
|------|----------|--------------------|--------|-----|---------------------------------------|-----------|--------|
| 1    | 252      | Raschke, Roland    | 1960   | m   | AKAVITA-Runners                       | 1:30:32,1 | 4:17,4 |
| 2    | 404      | Kohl, Johannes     | 1963   | m   | LT Hemsbach                           | 1:34:35,6 | 4:28,9 |
| 3    | 273      | Partes, Peter      | 1962   | m   | LG BEC                                | 1:39:50,1 | 4:43,8 |
| 4    | 283      | Dippold, Bernd     | 1963   | m   | LuT Aschaffenburg                     | 1:42:13,8 | 4:50,7 |
| 5    | 317      | Ballmann, Rainer   | 1963   | m   | TSV Aschbach                          | 1:43:37,7 | 4:54,6 |
| 6    | 278      | Herbert, Andreas   | 1962   | m   | LT Darmstadt                          | 1:45:35,7 | 5:00,2 |
| 7    | 300      | Lechleder, Hjalmar | 1963   | m   | run4ever                              | 1:46:31,6 | 5:02,9 |
| 8    | 251      | Gerlach, Stefan    | 1963   | m   | AKAVITA-Runners                       | 1:46:50,9 | 5:03,8 |
| 9    | 258      | Volk, Jürgen       | 1960   | m   | FV Mümling-Grumbach                   | 1:47:42,0 | 5:06,2 |
| 10   | 343      | Helfrich, Klaus    | 1963   | m   | OLV Steinberg                         | 1:49:23,6 | 5:11,0 |
| 11   | 286      | Gerlach, Engelbert | 1960   | m   | LuT Aschaffenburg                     | 1:51:16,4 | 5:16,4 |
| 12   | 386      | Speicher, Uwe      | 1960   | m   | Lauftreff Asbach                      | 1:51:27,6 | 5:16,9 |
| 13   | 383      | Bergs, Rolf        | 1961   | m   | *Bad Soden                            | 1:56:51,5 | 5:32,3 |
| 14   | 266      | Kettenhofen, Olaf  | 1961   | m   | Lauftreff Rennschnecke Dudweiler e.V. | 1:57:05,9 | 5:32,9 |
| 15   | 384      | Becker, Thomas     | 1961   | m   | *Aschaffenburg                        | 1:58:38,2 | 5:37,3 |
| 16   | 389      | Becker, Klaus      | 1963   | m   | LSG Karlsruhe                         | 1:59:03,9 | 5:38,5 |
| 17   | 334      | Vogt, Uwe          | 1963   | m   |                                       | 1:59:06,9 | 5:38,7 |
| 18   | 298      | Ott, Stefan        | 1963   | m   | RLT Rodgau                            | 2:05:17,8 | 5:56,2 |
| 19   | 304      | Grünewald, Gerhard | 1961   | m   | SC Güttersbach, Amateure              | 2:10:05,5 | 6:09,9 |
| 20   | 259      | Schüßler, Markus   | 1963   | m   | KSG Brandau                           | 2:10:20,2 | 6:10,6 |
| 21   | 382      | Kreiß, Bernd       | 1960   | m   | Lauftreff Asbach                      | 2:12:31,9 | 6:16,8 |
| 22   | 279      | Ploss, Michael     | 1963   | m   | LT Hemsbach                           | 2:13:05,5 | 6:18,4 |

### M55

|    |     |                    |      |   |                                       |           |        |
|----|-----|--------------------|------|---|---------------------------------------|-----------|--------|
| 1  | 250 | Amborn, Ulrich     | 1957 | m | ELT Großheubach                       | 1:27:12,1 | 4:07,9 |
| 2  | 338 | Kauer, Norbert     | 1955 | m | *Heusenstamm                          | 1:33:33,3 | 4:26,0 |
| 3  | 253 | Röuz, Gerd         | 1958 | m | BK Giuliani                           | 1:40:13,7 | 4:45,0 |
| 4  | 271 | Lukac-Zuscin, Karl | 1958 | m | LC Michelstadt                        | 1:43:20,8 | 4:53,8 |
| 5  | 288 | Höfner, Stefan     | 1957 | m | LuT Aschaffenburg                     | 1:47:27,0 | 5:05,5 |
| 6  | 346 | Kuttich, Diethelm  | 1957 | m | Offenbacher LC                        | 1:49:04,4 | 5:10,1 |
| 7  | 267 | Mohr, Rainer       | 1954 | m | Lauftreff Rennschnecke Dudweiler e.V. | 1:52:24,1 | 5:19,6 |
| 8  | 305 | Wertz, Hajo        | 1955 | m | SFP Steinbach                         | 1:54:31,0 | 5:25,6 |
| 9  | 313 | Discher, Hans      | 1955 | m |                                       | 1:54:54,6 | 5:26,7 |
| 10 | 339 | Lannert, Werner    | 1954 | m | LC Michelstadt                        | 1:58:26,8 | 5:36,8 |
| 11 | 275 | Becker, Gerhard    | 1956 | m | LG Mörfelden                          | 2:09:27,8 | 6:08,1 |
| 12 | 301 | Wolf, Hermann      | 1954 | m | run4ever                              | 2:12:52,3 | 6:17,8 |

### M60

|   |     |                    |      |   |                   |           |        |
|---|-----|--------------------|------|---|-------------------|-----------|--------|
| 1 | 254 | Brand, Karl-Josef  | 1953 | m | ELT Großheubach   | 1:32:39,6 | 4:23,4 |
| 2 | 314 | Berg, Walter       | 1952 | m | TS Kiedrich       | 1:37:20,0 | 4:36,7 |
| 3 | 285 | Fischer, Siegfried | 1953 | m | LuT Aschaffenburg | 1:37:24,3 | 4:36,9 |
| 4 | 272 | Schröder, Ernst    | 1949 | m | LC Michelstadt    | 1:55:23,4 | 5:28,1 |
| 5 | 392 | Jäger, Mathias     | 1951 | m | *Elsfeld          | 1:56:56,3 | 5:32,5 |
| 6 | 277 | Kistner, Klaus     | 1953 | m | LG Rülzheim       | 1:58:55,1 | 5:38,1 |
| 7 | 299 | Walper, Gerhard    | 1950 | m | RLT Rodgau        | 2:08:34,0 | 6:05,5 |

### M65

|   |     |                  |      |   |                     |           |        |
|---|-----|------------------|------|---|---------------------|-----------|--------|
| 1 | 309 | Metz, Martin     | 1945 | m | SV Nikar Heidelberg | 1:52:18,3 | 5:19,3 |
| 2 | 265 | Rochelt, Herbert | 1947 | m | Lauftreff m3        | 1:52:42,8 | 5:20,5 |
| 3 | 340 | Otto, Bernd      | 1944 | m | *Darmstadt          | 2:10:51,1 | 6:12,0 |
| 4 | 326 | Felser, Klaus    | 1946 | m | TV Rhein Zabern     | 2:41:10,4 | 7:38,3 |

### M70

|   |     |                       |      |   |             |           |        |
|---|-----|-----------------------|------|---|-------------|-----------|--------|
| 1 | 337 | Kern, Karl-Heinz      | 1939 | m | LG-Rülzheim | 1:52:44,0 | 5:20,5 |
| 2 | 408 | Schulz, Reinhardt     | 1941 | m | RLT Rodgau  | 1:54:44,5 | 5:26,2 |
| 3 | 327 | Broß, Werner          | 1939 | m | TV Sinsheim | 1:57:01,0 | 5:32,7 |
| 4 | 342 | Hastenteufel, Hermann | 1943 | m | Mosbach     | 2:09:07,1 | 6:07,1 |

### M75

|   |     |                  |      |   |                    |           |        |
|---|-----|------------------|------|---|--------------------|-----------|--------|
| 1 | 306 | Kärcher, Günther | 1934 | m | Skiclub Heppenheim | 3:14:09,8 | 9:12,1 |
|---|-----|------------------|------|---|--------------------|-----------|--------|

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